

How to mummify your dear friend

Instructions

title - a statement explaining what is to be achieved by following the instructions

Has your dear friend **recently** departed this world? **Perhaps** they've had a terrible **accident** which has left them for dead? **If** this is the case then it is **important** that you preserve their body so that it is able to pass on to the afterlife. **Although** mummification can be a long and **difficult** process, it is not impossible **and** this set of simple instructions will make sure you are successful!

Equipment:

- water from the River Nile
- natron
- approximately 400 metres of linen
- one knife
- one hook
- amulets
- four canopic jars
- resin
- palm oil
- make up and fake eyes and hair for decoration

Method:

1. To start with, you need to clean your dear friend's body with water taken straight from the River Nile.
2. **After** you have carefully dried the body, **take** the hook, push it up one of the nostrils and use it to remove the brain from its place, **before** pulling the brain out **through** the nostril.
3. **After that**, you need to remove the internal organs. **Use** a sharp knife to make a small cut in the left side of the body. Be careful when you are handling the liver.



lungs, intestines and stomach **as** they need to be placed inside the correct canopic jar. These jars will then be buried with the mummy. **Remember** to leave your friend's heart in its rightful place.

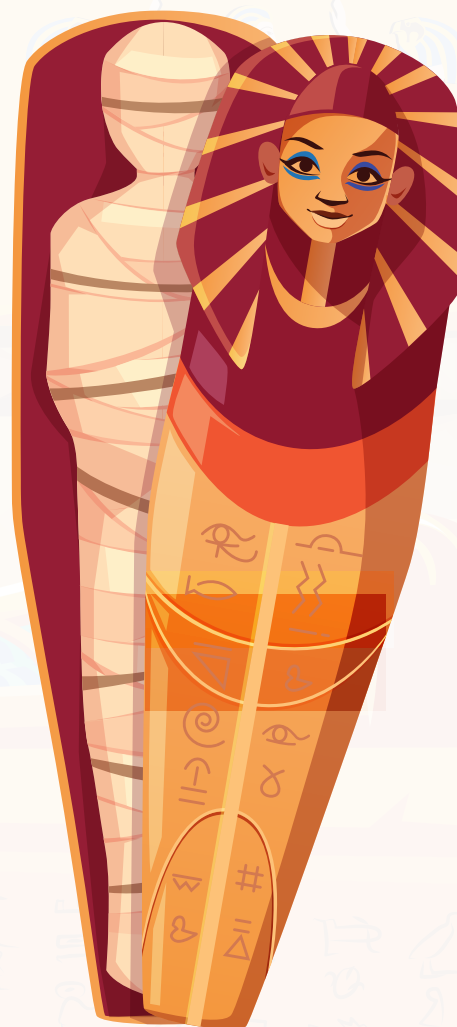
4. **Next**, cover the body in natron (salt) for about forty to seventy days. This **length** of time is needed **because** it makes sure that any bodily fluid has been absorbed fully, whilst slowing down the decaying process.

5. Once the body is dried out, **gently** **rewash** it before rubbing it with oil and fragrant spices so that your friend's body smells nice. **Then**, use linen to stuff the body **so** its shape remains similar to its living form.

6. Now comes the fun part! Use the makeup, fake hair and fake eyes to decorate the body.

7. Once this step has been **completed**, it is time to wrap the mummy in linen from head to toe. As you wrap the body, place amulets in the bandages so **that** the body is protected from any problems.

8. **Finally**, **wrap** one whole piece of cloth around the body before placing it into a coffin. **Don't** forget that you can decorate it on both the inside and outside **if** you wish to of things that were meaningful to your friend in their life.



Warning!

Remember that this is a very **special** process **and** so must be **completed** **carefully**. Leave at least seventy days free if you want to do it correctly.

